

# *We Value Seniors at the Hepburn Center!*

*City of Hallandale Beach, Human Services Department | Senior Services*

*October, November, December 2016*

*Volume 8 Issue 4*



*Visit a Center that cares for the community!*



Hallandale Beach  
PROGRESS. INNOVATION. OPPORTUNITY.

City of Hallandale Beach  
Human Services Department/Hepburn Center  
1000 NW 8th Avenue  
Hallandale Beach, FL 33009-2146

Phone: 954-457-1460

Fax: 954-457-1305

Email: [Human\\_Services\\_Office@hallandalebeachfl.gov](mailto:Human_Services_Office@hallandalebeachfl.gov)

Website: [www.hallandalebeachfl.gov](http://www.hallandalebeachfl.gov)

# Austin Hepburn Center's New Facility



## Home of the Senior Mini Center

### *Upcoming Events/Celebrations...*

**Chair Yoga Mondays and Fridays @ 10:00 am**

**ZUMBA Classes First and Third Thursday of the Month @ 10:00 am**

**Tai-Chi Classes Second and Fourth Thursday of the Month @ 10:00 am**

**Walking Group Every Friday, @ 9:30 am**

**Stiletto Breast Cancer Walk and Annual Cancer Event Saturday, October 22, 2016 @ 8:00 am**

**Spanish Spelling Bee Tuesday, October 25, 2016 @ 10:00 am**

**Halloween Party Friday, October 28, 2016 @ 10:00 am**

**Arts & Craft Course / Clase de Manulidades Wednesday, November 2, 2016 @ 11:30am**

**Thanksgiving Annual Luncheon Thursday, November 24, 2016**

**Holiday Celebration Thursday, December 15, 2016/New Year's Celebration Friday, December 30, 2016 10 am**

# Leila Castro



## Meet One of Our Seniors

Ms. Leila Castro was born on May 24, 1942 in the City of Lima, Peru. She is the daughter of Mrs. Raquel Pizarro and Mr. Carlos Castro. Ms. Castro is part of a close knit family, which includes three brothers and two sisters, she is the youngest of all her siblings. She is blessed to have five lovely daughters. In 2015, she moved from Peru to Florida to reunite with her children. Ms. Castro loves to cook and entertain family and friends. Her passion is to care for her grandchildren. Ms. Castro recalls her first day at The Hepburn Center as a millstone in her life. She describes that, the center has brought energy and excitement to her life.

Her favorite activities at the Hepburn Center is attending field trips and socializing with friends. Ms. Castro says, "The Hepburn Center is where Seniors come to smile."



### Senior Services Coordinator Column. . . . .

Dear Senior readers,  
“Tis the season to be jolly”

For most of us, the holidays are a wonderful time to share the joys of family life and friendships. However, for many older adults the holidays can instill stress, confusion, or provoke difficult memories. Our mental, physical and emotional needs must be taken into account. Winter can be depressing-particularly for seniors, who may find themselves isolated and missing loved ones and merrier times. But as we age, our holiday experiences will change but enjoying them shouldn't . We must cherish our memories and be thankful for what we have now and what the



future will bring.

Here are some tools that may get you through the holidays with a smile and ways to help prevent “the holiday blues.”

1. Do not overbook yourself into a state of exhaustion.
2. Organize your time.
3. Do not expect the holidays to be just as they were when you were a child.
4. Volunteer to serve a holiday dinner at a homeless shelter or community center.
5. Visit your physician and discuss any new physical or mental health conditions.
6. Make a resolution to improve your overall health next year.
7. Join a support group.
8. Take time to appreciate the important moments as memories are a gift that last forever.

The Hepburn Center offers an array of exciting activities and programs which can stimulate your body and mind. Let us be part of your Holiday season, join our programs!



Mrs. Lizabeth Miguel  
Senior Services Coordinator

### Social Worker Column. . . . .

#### Energy Assistance Program.

The City of Hallandale Human Services Department will not be able to submit Low-income Energy Assistance applications for the regular electric bill assistance to the Community Action Agency through the South Region Family Success Center (Carver Ranches) at 4733 S.W. 18<sup>th</sup> Street, Hollywood until October 17, 2016. You may contact the Senior Services Social Worker, Beverly Wright at (954) 457-2981 to check the status of starting the process again. Please make sure you have not had assistance within a year for re-applying.

#### Drug Coverage and Insurance Information:

November 1, 2016 – Open Enrollment starts – First day you can enroll, re-enroll, or change a 2017 insurance plan through the Health Insurance Market Place. Coverage can start as soon as January 1, 2017.  
December 15, 2016 – Last day to enroll in or change plans for coverage to start January 1, 2017.  
January 1, 2017: 2017 Coverage starts for those who enroll or change plans by December 15.

January 31, 2017 – Last day to enroll in or change a 2017 health plan. After this date, you can enroll or change plans only if you qualify for a Special Enrollment Period.

#### Still need 2016 Coverage?

You can still get 2016 coverage if you qualify for a Special Enrollment Period due to a life event – like getting married, or losing other coverage.

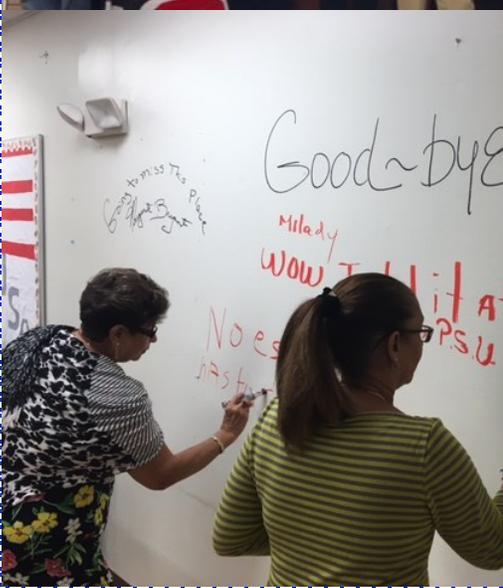
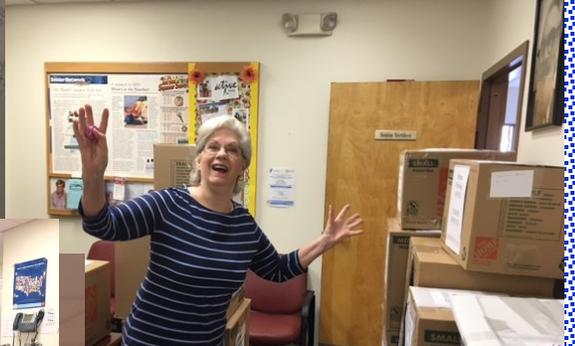
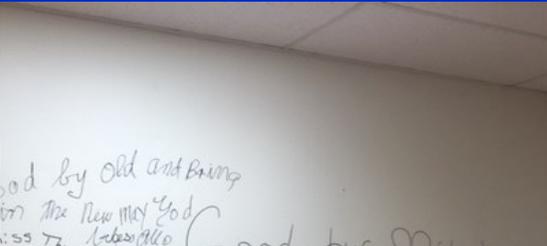
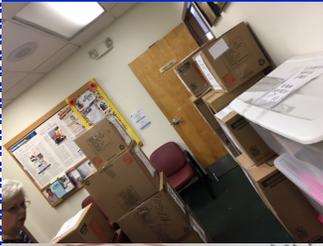
#### Social Services

If you are age 60 and over, needing assistance or would like to register for the Hepburn Senior Mini Center, please contact the Senior Services Social Worker, Beverly Wright at (954) 457-2981.



Ms. Beverly Wright  
Social Worker II, Senior Services

# Bittersweet Good-Bye Old-Timer



# Hello New Building - 1000 NW 8th Avenue



# Senior Word Search!

*Welcome to our new home!!!!!!*

**Our  
New  
Austin  
Hepburn  
Community  
Center**

**Remembering  
Legacy  
Mary  
Washington  
Senior  
Hall**

**Keep  
Dreams  
Alive  
Future  
Vision  
Building**



W	A	S	H	I	N	G	T	O	N	O	U	N	N
W	E	A	U	L	L	A	H	T	I	S	N	L	E
D	R	E	A	M	S	C	E	N	T	E	R	V	W
A	U	S	T	I	C	O	P	C	O	N	R	A	B
B	F	U	T	U	R	E	B	M	A	I	M	A	R
V	I	C	T	O	C	O	U	H	A	O	L	L	A
C	E	N	T	C	O	U	R	A	B	R	O	U	K
H	E	P	B	U	M	H	N	A	L	L	K	E	E
L	E	G	A	S	M	S	E	N	V	I	S	I	B
B	U	I	L	B	U	I	L	D	I	N	G	H	A
C	E	N	T	R	N	F	U	T	U	V	I	S	I
C	O	M	M	U	I	H	E	P	B	U	W	A	H
N	E	K	E	E	T	H	A	L	A	L	I	V	E
O	K	M	R	R	Y	C	E	N	R	E	H	I	V
R	E	M	E	M	B	E	R	I	N	G	C	S	O
M	E	K	E	E	T	H	E	E	N	A	M	I	N
A	P	D	E	V	I	S	B	U	S	C	I	O	I
R	H	E	P	H	A	L	M	A	R	Y	S	N	T
I	C	O	M	M	W	A	S	H	V	I	S	I	S
A	R	E	M	E	M	K	E	E	F	U	T	R	U
N	V	I	C	T	O	R	Y	I	S	O	U	R	A

**IN WITH THE NEW-OUT WITH THE OLD!**

You are invited...



## ...to see why Chen seniors live better with fewer health problems!

Seniors choose Chen Neighborhood Medical Centers because we take the time to treat patients like family. We provide compassionate, well-coordinated primary and preventive care services that are delivered with dignity and respect.

### OUR SERVICES INCLUDE:

-  Extended time with doctors
-  On-site prescription services
-  Friendly, knowledgeable staff
-  On-site x-ray and imaging
-  Access to medical specialists
-  On-site diagnostic testing
-  Door-to-doctor transportation to those who qualify



[ChenMedicalCenters.com](http://ChenMedicalCenters.com)

## Bringing *Better* Healthcare to South Florida Seniors



**Juana Sofia Recabarren-Velarde**  
MD



**Ngina Muigai**  
MD



*Transportation provided for your 20-minute visit.*

Call Jeanette Monday-Friday  
9am-5pm, to schedule a tour:  
**(954) 454-5777**

410 E. Hallandale Beach Blvd., Hallandale Beach, FL 33009

17163

Some services are not covered under all plans. Check your plan documents for details and service availability at each individual center. Due to space and time limitations, some services are not available at all centers. Limitations, copayments and restrictions may apply. © 2016 ChenMed, LLC

Vea por que...



## ...las personas mayores de Chen viven mejor y con menos problemas de salud.

Los pacientes eligen Chen Neighborhood Medical Centers porque los tratamos como si fueran de nuestra familia. Ofrecemos servicios de cuidados de salud primarios y preventivos, bien coordinados, sensibles, con dignidad y respeto.

### NUESTROS SERVICIOS INCLUYEN:

-  Más tiempo con nuestros doctores
-  Personal amable y bien informado
-  Acceso a nuestros especialistas
-  Rayos X y scaneo
-  Diagnósticos en los centros médicos
-  Prescripciones en los centros médicos
-  Servicio de transporte desde su casa a su médico para los que califiquen



[ChenMedicalCenters.com](http://ChenMedicalCenters.com)

Brindando *Mejor* Atención Médica a las Personas Mayores del Sur de la Florida



**Juana Sofia Recabarren-Velarde**  
MD



**Ngina Muigai**  
MD

Acceptamos nuevos pacientes

*Se proporciona transporte para su visita de 20 minutos.*

Para programar una visita, llame a Jeanette, de lunes a viernes de 9 a.m. a 4 p.m.

**(954) 454-5777**

410 E. Hallandale Beach Blvd., Hallandale Beach, FL 33009

# GET A MEDICARE PLAN THAT WORKS FOR YOU

## Coventry Medicare

You may be able to enroll in a Medicare Advantage plan right now.



**Call today**

### Erwin Ramos

Your local Coventry Medicare representative



**954-336-4837**

Calling this number will take you to a licensed sales agent.



[www.coventry-medicare.com](http://www.coventry-medicare.com)

This is an advertisement. Aetna Medicare is a PDP, HMO, PPO plan with a Medicare contract. Our SNPs also have contracts with State Medicaid programs. Enrollment in our plans depends on contract renewal. See Evidence of Coverage for a complete description of benefits, exclusions, limitations and conditions of coverage. Plan features and availability may vary by location.

# OBTENGA UN PLAN DE MEDICARE ADECUADO PARA USTED

## Coventry Medicare

Es posible que pueda inscribirse en un plan Medicare Advantage en este momento.



**Llame hoy mismo**

### Erwin Ramos

Su representante local de Coventry Medicare



**954-336-4837**

Si llama a este número, lo comunicarán con un agente de ventas autorizado.



[www.coventry-medicare.com](http://www.coventry-medicare.com)

Este folleto es una publicidad. Aetna Medicare es un plan PDP, HMO o PPO que tiene contrato con Medicare. Nuestros planes para necesidades especiales también tienen contratos con los programas estatales de Medicaid. La inscripción en nuestros planes depende de la renovación del contrato. Consulte la Evidencia de cobertura para obtener una descripción completa de los beneficios, las exclusiones, las limitaciones y las condiciones de cobertura. Las características y la disponibilidad de los planes pueden variar según el lugar.



Lidia Isabel

Sales Representative

**Call a licensed sales agent**

954-303-4689 or 954-557-0605

Monday-Friday, 8 a.m. to 5 p.m.

1901 W Cypress Creek Road Suite 404,  
Fort Lauderdale FL 33309

lisabel@humana.com

**Humana.**

## Join The Fitness and Wellness Works Programs

### *What is Fitness and*

### *Wellness Works!*

Fitness and Wellness Works Program is an insurance benefit included in over 65 Medicare Health Plans to help seniors stay active and in good physical shape.

Monday & Fridays at 10:00AM you may enjoy low impact exercise and fitness enhancement at no cost to you. The Center offers these exercise programs free if you are a senior with the Fitness and Wellness Benefit as part of your medical insurance coverage insurance coverage.

A promotional flyer for a Zumba Class. The top section has a dark blue background with white text: "COME JOIN US" and "Zumba Class". Below this is a photograph of two people, a man and a woman, smiling and holding a red cup. To the right of the photo is a white box with the text: "Austin Hepburn Center, 752 NW 8th Ave, Hollandale Beach, FL 33309, 10:00 A.M.". Below the photo and box is the text: "Reserve your seat. Call today! 954-457-1460 (TTY: 711) 8 a.m. to 5 p.m., 7 days a week." At the bottom is the logo for "COVENTRY Health Care Medicare Advantage Plans An Aetna Company".

**COME JOIN US**  
Zumba Class

Austin Hepburn Center  
752 NW 8th Ave  
Hollandale Beach, FL 33309  
10:00 A.M.

Reserve your seat. Call today!  
954-457-1460  
(TTY: 711)  
8 a.m. to 5 p.m., 7 days a week.

**COVENTRY**  
Health Care  
Medicare Advantage Plans  
An Aetna Company

Aetna Medicare is a (DUR) HMO, PPO plan with a Medicare contract. Our plan also has contracts with state Medicaid programs. Enrollment in our plans depends on contract renewal. See the contract of Coverage for a complete description of benefits, exclusions, limitations and conditions of coverage. Plan features and availability may vary by location. ©2012 Aetna Inc.

### *What is Zumba?*

Zumba is a Latin inspired Fitness Cardio-Dance Workout that uses music and choreographed steps to form a fitness party atmosphere. While many of the types of dance and music featured in the program are Latin American inspired, classes will involve a combination of everything from Jazz, African Beats, Country, Hip-Hop and Pop.

Can't wait to see you in Hepburn Center!

Zumba Class is Every 1st and 3rd Thursday of the Month @ 10:00am



**Wed October 19**  
**Bingo**  
 Computer Class / ESOL Class  
 Trip: Sawgrass Mills/Rain Forest Cafe



**Thur October 20**  
 Computer Class/ ESOL Class  
 Hispanic Heritage Celebration

**Mon October 3**  
 Yoga Fitness @ 10:00am – 11:00 am  
 Trip: Sedanos market

**Mon October 10**  
 Yoga Fitness @ 10:00am – 11:00 am  
 Trip: Publix Market  
 Pizza Day!



**Fri October 21**  
 Walking Group @ 9:30 am  
 Yoga Fitness @ 10:00am –11:00am  
 Computer Class  
 Trip: Florida Gardens Thrift Store

**Tues October 4**  
 ESOL Class / Trip : Gulf Stream  
 Educational Lecture @ 10:00am  
 Support Group / Grupo de apoyo @ 11:15am

**Tues October 11**  
 ESOL Class  
 Educational Lecture @ 10:00am  
 Support Group / Grupo de apoyo @ 11:15am  
 Trip: Mardi Gras Casino

**Mon October 24**  
 Yoga Fitness@ 10:00am –11:00am  
 Trip: Presidente Supermarket  
 Memorial Adult Mobile Health Services



**Wed October 5**  
 Bingo - Arts & Craft (Chen med)  
 Computer Class / ESOL Class  
 Trip: Target



**Wed October 12**  
 Bingo  
 Computer Class / ESOL Class  
 Trip: Fairchild Gardens



**Tues October 25**  
 ESOL Class  
 Spanish Spelling Bee @10:00am

**Thur October 6**  
 Computer Class/ ESOL Class  
 Zumba Fitness @ 10:00am – 11:00 am  
 Crafty Art Class  
 Trip: Margaretville Hollywood

**Thur October 13**  
 Computer Class/ ESOL Class  
 Tai-Chi Fitness @ 10:00am–11:00 am  
 Crafty Art Class  
 Trip: Miami Springs Circle Tour

**Wed October 26**  
 Bingo  
 Computer Class / ESOL Class  
 Trip: Swap Shop

**Fri October 6**  
 Walking Group @ 9:30 am  
 Yoga Fitness @ 10:00am – 11:00 am  
 Computer Class  
 Trip: Flippers Movies



**Fri October 14**  
 Walking Group @ 9:30 am  
 Yoga Fitness @ 10:00am – 11:00 am  
 Computer Class  
 Trip: Bowling



**Thur October 27**  
 Computer Class/ ESOL Class  
 Zumba Fitness @10:00am –11:00am  
 Crafty Art Class

**DAILY ACTIVITIES:**  
 Healthy Starts @ 8:00 am  
 Socializing, Table Games,  
 Arts & Craft, Reading Rainbow, and  
 Current Events  
 Broward Meals on Wheels Lunch  
 served @ 11:00 am

**Mon October 17**  
 Yoga Fitness @ 10:00am – 11:00 am  
 Trip: Walmart



**Fri October 28**  
 Walking Group @ 9:30 am  
 Computer Class  
 Spooky / Halloween &  
 Birthday Celebration's



**SPECIALIZED SERVICES:**  
 Commodity Food Distribution:  
 First Wednesday of the Month @ 8am  
 HIV Testing 1st & 3rd  
 Wednesday  
 English Computer Class W-F  
 Spanish Computer Class M-F

**Tues October 18**  
 ESOL Class  
 Educational Lecture @ 10:00am  
 Support Group / Grupo de apoyo @ 11:15am  
 Trip: Hard rock Casino

**Mon October 31**  
 Yoga Fitness @10:00am –11:00am  
 Trip: Memorial Health Halloween Party

# CALENDAR OF ACTIVITIES ~ November 2016

	<p><b>Tues November 8</b>                  ESOL Class                  Educational Lecture @ 10:00am                  Support Group / Grupo de apoyo @ 11:15am</p>	<p><b>Mon November 21</b>                  Yoga Fitness @ 10:00am -11:00am                  Healthcare Seminar (Coventry)</p>
<p><b>Tues November 1</b>                  ESOL Class                  Educational Lecture @ 10:00am                  Support Group / Grupo de apoyo @ 11:15am</p>	<p><b>Wed November 9</b>                  Bingo                  Computer Class / ESOL Class                  Trip: Zoo Miami</p> 	<p><b>Tues November 22</b>                  ESOL Class                  Educational Lecture @ 10:00am                  Support Group / Grupo de apoyo @ 11:15am</p>
<p><b>Wed November 2</b>                  Bingo –Arts &amp; Craft Class (Chen med)                  Computer Class / ESOL Class                  Trip: Target</p> 	<p><b>Thur November 10</b>                  Computer Class/ ESOL Class                  Tai-Chi Fitness @ 10:00am – 11:00 am                  Crafty Art Class</p>	<p><b>Wed November 23</b>                  Bingo                  Computer Class / ESOL Class                  Trip: Swap Shop</p> 
<p><b>Thur November 3</b>                  Computer Class/ ESOL Class                  Zumba Fitness @ 10:00am – 11:00 am                  Crafty Art Class</p>	<p><b>Fri November 11</b>                  Center Closed                  Observance of Veterans Day</p> 	<p><b>Thur November 24</b>                  Annual Thanksgiving Luncheon</p> 
<p><b>Fri November 4</b>                  Walking Group @ 9:30 am                  Yoga Fitness @ 10:00am – 11:00 am                  Computer Class                  Trip: Flippers Movies</p> 	<p><b>Mon November 14</b>                  Yoga Fitness @ 10:00am – 11:00 am                  Trip: Sedanos Market</p> 	<p><b>Fri November 25</b>                  Center Closed</p> 
<p><b>Mon November 7</b>                  Yoga Fitness @ 10:00am – 11:00 am                  Interactive Presentation: Coping with the Holidays</p>	<p><b>Tues November 15</b>                  ESOL Class                  Educational Lecture @ 10:00am                  Support Group / Grupo de apoyo @ 11:15am</p>	<p><b>Mon November 28</b>                  Yoga Fitness @ 10:00am -11:00am                  Trip: Publix                  Memorial Adult Mobile Health Services</p> 
<p><b>DAILY ACTIVITIES:</b>                  Healthy Starts @ 8:00 am                  Socializing, Table Games,                  Arts &amp; Craft, Reading Rainbow,                  and Current Events                  Broward Meals on Wheels Lunch served @ 11:00 am</p>	<p><b>Wed November 16</b>                  Bingo                  Computer Class / ESOL Class                  Trip: Hard rock Casino</p> 	<p><b>Tues November 29</b>                  ESOL Class                  Educational Lecture @ 10:00am                  Support Group / Grupo de apoyo @ 11:15am</p> 
<p><b>SPECIALIZED SERVICES:</b>                  Commodity Food Distribution:                  First Wednesday of the Month @ 8am                  HIV Testing 1st &amp; 3rd                  Wednesday                  English Computer Class W-F                  Spanish Computer Class M-F</p>	<p><b>Thur November 17</b>                  Computer Class/ ESOL Class                  Zumba Fitness @ 10:00am – 11:00 am                  Crafty Art Class                  Trip: Walmart</p> 	<p><b>Fri November 18</b>                  Walking Group @ 9:30 am                  Computer Class                  Spookey / Birthday Celebrations</p> 
		<p><b>Wed November 30</b>                  Bingo                  Computer Class / ESOL Class                  Trip: Jungle Queen</p>

# CALENDAR OF ACTIVITIES ~ December 2016 Page 15



	<p><b>Thur December 8</b>                  Computer Class/ ESOL Class                  Zumba Fitness@ 10:00am -11:00am                  Trip: Painting With a Twist</p>	<p><b>Tues December 20</b>                  Center Closed</p>
	<p><b>Fri December 9</b>                  Walking Group @ 9:30 am                  Yoga Fitness @ 10:00am – 11:00 am                  Computer Class                  Trip: Pembroke Mall</p>	<p><b>Wed December 21</b>                  Center Closed</p>
<p><b>Thur December 1</b>                  Computer Class/ ESOL Class                  Zumba Fitness @ 10:00am – 11:00 am                  Crafty Art Class                  Trip: Dollar Tree</p>	<p><b>Mon December 12</b>                  Yoga Fitness @ 10:00am-11:00am                  Trip: Aventura Mall</p>	<p><b>Thur December 22</b>                  Center Closed</p>
<p><b>Fri December 2</b>                  Walking Group @ 9:30 am                  Yoga Fitness @ 10:00am – 11:00 am                  Computer Class                  Trip: Bayside</p>	<p><b>Tues December 13</b>                  ESOL Class                  Educational Lecture @ 10:00am                  Support Group / Grupo de apoyo                  Trip: DD's</p>	<p><b>Fri December 23</b>                  Center Closed</p>
<p><b>Mon December 5</b>                  Yoga Fitness @ 10:00am – 11:00 am                  Trip: Miracle Mile Coconut grove</p>	<p><b>Wed December 14</b>                   Bingo                  Computer Class / ESOL Class                  Trip: Christmas Park Hialeah</p>	<p><b>Mon December 26</b>                  Center Closed</p>
<p><b>Tues December 6</b>                  ESOL Class                  Educational Lecture @ 10:00am                  Support Group / Grupo de apoyo @ 11:15am                  Trip: Dolphin Mall</p>	<p><b>Thur December 15</b>                  Computer Class/ ESOL Class                  Zumba Fitness @10:00am -11:00am                  Holiday Celebration</p>	<p><b>Tues December 27</b>                  Educational Lecture @ 10:00am                  Support Group /Grupo de apoyo @ 11:15am                  Trip: Movies</p>
<p><b>Wed December 7</b>                  Bingo                   Computer Class / ESOL Class                  Trip: Swap Shop</p>	<p><b>Fri December 16</b>                  Walking Group @ 9:30 am                  Yoga Fitness @ 10:00am – 11:00 am                  Computer Class                  Trip: Festival Flea Market</p>	<p><b>Wed December 28</b>                  Bingo                  Computer Class / ESOL Class                  Trip: Target </p>
<p><b><u>DAILY ACTIVITIES:</u></b>                  Healthy Starts @ 8:00 am                  Socializing, Table Games,                  Arts &amp; Craft, Reading Rainbow, and                  Current Events                  Broward Meals on Wheels Lunch                  served @ 11:00 am</p>		<p><b>Thur December 29</b>                  Computer Class/ ESOL Class                  Zumba Fitness@10:00am-11:00am                  Crafty Art Class                  Trip: Publix </p>
<p><b><u>SPECIALIZED SERVICES:</u></b>                  Commodity Food Distribution:                  First Wednesday of the Month @ 8am                  HIV Testing 1st &amp; 3rd                  Wednesday                  English Computer Class W-F                  Spanish Computer Class M-F</p>	<p><b>Mon December 19</b>                  Center Closed</p>	<p><b>Fri December 30</b>                   Walking Group @ 9:30 am                  Computer Class                  Spookey / New Years &amp; Birthday                  Celebration</p>



**MISSION STATEMENT**

*The Human Services Department provides effective and innovative Social Services and Community Partnership Programs to supplement basic human needs and offers life management choices for adults, children and families to enhance self-sufficiency and improve their quality of life.*

*We are here to serve!*

- Mayor Joy Cooper
- Vice Mayor William Julian
- Commissioner Keith London
- Commissioner Anthony Sanders
- Commissioner Michele Lazarow
- City Manager Daniel Rosemond

**SENIOR SERVICES DEPARTMENT PROGRAM**

CITY/GRANT PERSONNEL

- BEVERLY A. SANDERS
- CORA T. DAISE
- LIZABETH MIGUEL
- BEVERLY WRIGHT
- MIRTA BOURG
- MARIA RODRIGUEZ
- CEDRICK ROGERS
- ADRIENNE WATSON
- VINCENT MUTARELLI
- BARBARA PETERSON

PARTNERSHIP PERSONNEL

- AARP ASSISTANT STAFF**
- CYNTHIA KAPLAN /LaVERNE JONES
- FAYE LATSON
- BROWARD MEALS ON WHEELS STAFF**
- LORA BROWN



The City of Hallandale Beach Human Services Department has a Facebook Page! Like us on Facebook. Stay informed of upcoming events, news, important information and see pictures from program events!

<https://www.facebook.com/City-of-Hallandale-Beach-Human-Services-Department-163771169831821/timeline/>

**Helpful Phone Numbers**

- City of Hallandale Beach Human Services...954-457-1460
- City of Hallandale Beach Fire.....954-457-1470
- City of Hallandale Beach Police.....954-457-1400
- First Call for Help.....211 or 954-537-0211
- Abuse Hotline.....1-800-962-2873
- The Abuse Registry.....1-800-342-9152
- Aging & Disability Resource Center.....954-745-9567
- Consumer Hotline.....1-800-435-7352
- Medicare Hotline.....1-800-633-4227
- Broward Elderly & Veteran Services.....954-537-2936
- Broward ADA Para Transit Services.....954-357-6794
- Broward Meals On Wheels.....954-731-8770
- Memorial Regional Hospital.....954-987-2000
- Senior Law Project.....954-765-8955



Need a ride to the Senior Center... Transportation services are offered free of charge, Monday thru Friday to all registered members of the Human Services Department Senior Center.



Sponsors: City of Hallandale Beach, State of Florida  
Department of Elder Affairs, Aging and Disability Resource Center  
of Broward County

